

DRESS RIGHT FOR YOUR TYPE

So you've heard this a zillion times but it's actually what really it takes to look as smashing as a super model. And the clichéd phrase is "Dress right for your type." Just what exactly it means literally is known by all but life would be much easier if it were spelt out. Finally, here it is your complete handbook to being fashionably dressed.

- Figure out your body type: once you know what body type you are you can read tips exactly for your kind.
- Follow tips specific to your size (weight and height) and age as well.

ALL YOU WANTED TO KNOW (FOR ALL WOMEN)

Always try to wear free flowing fabrics in one tone to achieve a long and slim look. Try fabrics like chiffon or georgette for dresses.

- Please wear only your size. Oversized clothes never have or will make look anyone any good. Stay away from anything that's baggy or exaggerated as far as size goes no matter how comfortable.
- Be careful while adding on accessories. Never add on anything just for heck of it. Your accessories speak more about you than your clothes do. So watch out there.
- Make sure whatever jeweler you wear blends well with your ensemble.
- Wear belts only if you have an extremely thin waist. (I know this is a hard one.)
- Wear clothes you are comfortable in and that reflect your personality. You'll undoubtedly look your best in them.
- Cleverly accessorize your look by adding a scarf or a stole for the added effect.
- Before picking up your clothes read the wash care and after care instructions carefully. Never buy on an impulse something that might cost you more than its cost for maintenance.
- Invest in a basic wardrobe, shoes, and bags. Mix and match the rest of the things picked up every season or even stuff picked up from flea markets.
- Form your own style statements and avoid following fashion trends blindly. Always have a back-up classic wardrobe and experiment with new things only to an extent.
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BODY TYPE SPECIFIC FASHION TIPS

Fashion tips for petite women:

- If you've a short neck avoid wearing high collared clothes. Avoid short necklaces too. To elongate your neck, wear a deep neck and a long necklace that falls few inches above your navel.
- Wearing shoes with strings will make you appear even shorter. Avoid that at all costs. Wearing an open shoe with nothing at the ankle, just a strap to hold the toes together will make your legs look longer.
- Do not wear over all prints. They'll make you thinner. Wear prints that have something here or there and preferably over your figure's assets (like well shapes abs, tones arms, etc) to catch more attention in that area.
- Add a belt or a scarf to your skirt or pants that hangs downward toward your legs. It will add height to them.
- Wear contrasting colors and fitted lines to flatter your figure.

Fashion tips for tall women:

- You can indulge in everything to be avoided by petite women. And stay away from all suggestions made to them.
- To cut height around your waist area wear your tops over pants or skirts.
- Big belts will work fine for you just don't wear them too tight.
- Avoid very short skirts. They'll show off your never-ending legs and will add height.

- Similarly very long skirts will make your taller.

Fashion tips for pear-shaped women (heavy on the lower body):

- Vertical lines will definitely slim you down.
- Wear a lighter color on top and a really dark shade on your lower body. This way the light colored top catches more attention and your dark lower remains unnoticed.
- Remember to make your bottom smaller you can add broadness to your upper body to make your look more proportionate and thinner down below. E.g.: wear dresses or tops with small soft shoulder pads.
- Avoid skirts that are tapered. Free flowing a-line skirts and dresses are the key to camouflage saddlebags.

Fashion tips for apple-shaped women (heavy on the top):

- Avoid tops with a lot of detailing and ruffling or rouching. Keep it simple and clean with soft flowing fabrics.
- Do not wear very tight or clingy synthetic tops that enhance your problematic areas.
- Go for light colors for you lowers and wear darker shades on top.
- Use detailing, pleating, etc on your skirt or pant to attract attention there.
- V-necks will make your bosoms look smaller.
- Wear a wrap top to cover your stomach. Using layering in the same color and fabric here will have a slimming effect.
- Under no circumstances wear anything shoulder padded. Wear thin and light materials on top only.

Now whether you are tall or small, fat, or thin on top or bottom you know the basics to follow and dress right for your type. Start experimenting, suit your personal needs, and make new rules that work even better.

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